



LES BAINS DE
MONTADY
SPORT & SPA

Lundi Mardi Mercredi Jeudi Vendredi

9H	Aqua tonic	Aqua Tonic	Aqua Pilates	Aqua Tonic	Aqua Pilates
10H	Aqua tonic	Aqua Tonic	Bébés Nageurs	Aqua tonic	Aqua Tonic
11H	Aqua tonic	Aqua Tonic		Aqua Tonic	Aqua Tonic
12H30	Aqua Bike Mix	Aqua Tonic		Aqua Bike Mix	Aqua Cross Training
14H	Aqua Pilates				Aqua Pilates
15H	Aqua Tonic	Aqua Tonic		Aqua Tonic	Bébés Nageurs
17H30	Aqua tonic	Aqua Cross Training		Aqua Tonic	Aqua Tonic
18H15	Aqua Tonic	Aqua Cross Training		Aqua Tonic	Aqua Tonic
19H15		Aqua Cross Training		Aqua Bike Mix	Aqua Cross Training

Les Bains De Montady à partir de 42 €/ Mois